



The **Massachusetts Falls Prevention Coalition**
Invites You to Attend Our
11th Annual Falls Prevention Awareness Day Event:



“Massachusetts is Standing Together to Prevent Falls”



When: Tuesday, September 19, 2017
10:00 am-1:00 pm

Where: Great Hall and the Grand Staircase
State House, Boston

In **Massachusetts**, within one year over **one in four** community-dwelling older adults will **fall** and of those who fall, over **one in three** will be **injured**. However, through some very simple lifestyle changes-most falls can be **prevented**.

Falls Prevention Awareness Day is a great opportunity for everyone to learn how to reduce risks for falls and fall injuries and more importantly how to **prevent falls** from happening. Event highlights:

- 🍁 Discover the Steps to Prevention
- 🍁 Meet Legislators and other State Officials
- 🍁 Receive Helpful Information and Free Giveaways
- 🍁 Enjoy Light Refreshments

For more information about the event and the MA Falls Prevention Coalition, please contact Helen Magliozzi: 617 558-0202; hmagliozzi@maseniorcare.org
http://www.maseniorcarefoundation.org/Initiatives/Falls_Prevention.aspx

For information on visiting the State House, go to: www.malegislature.gov/Engage/Directions
or call: 617 722-2000; the building is wheelchair accessible via the Ashburton Park entrance on Bowdoin Street.

Special thanks to Rep. Mathew Muratore for sponsoring this State House event.