

Residency Tracer Rotation: Improving Care Transitions Education

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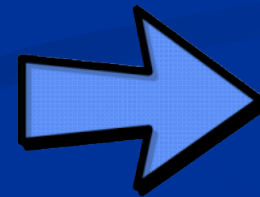
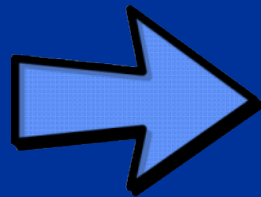
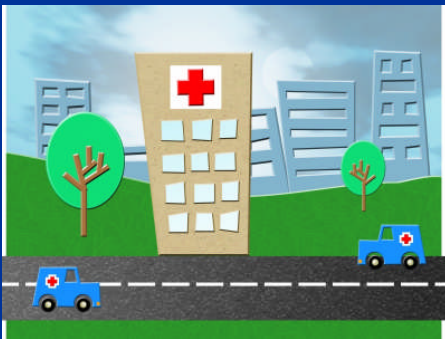
Associate Program Director

Educational Innovations Program

- Residency education - 1950s
- Dwell time
- Competency based advancement
- Transitional care
 - understanding health care system
 - working in teams
 - communication

Tracer Block Rotation

- 2 week block rotation for PGY2s
- Round with the team – 12 inpatients



- ‘Follow me home’

Facility follow-up

- Role of a nurse in accepting an admission
- Transitional care
 - Was the medication list clear and accurate?
 - Was there precipitous advice given if condition changes?
 - Was the patient's level of function clear and accurate?
- Self reflection

Home follow up

- Role of a nurse in home care
 - Advocacy
 - Education
 - Medication reconciliation
- Flags for home care:
 - Over 65
 - New diagnosis
 - Polypharmacy
 - Lack of support at home

Home follow up

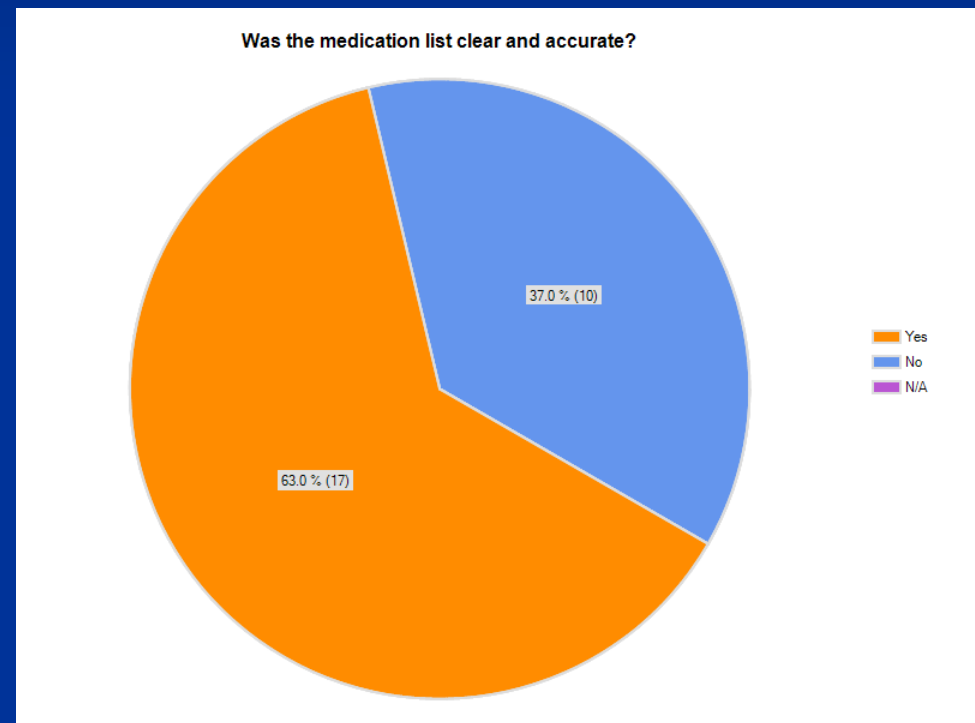
■ Transitional Care

- Diagnosis: Patient was able to describe all or most of the final diagnosis in lay terms or medical language
- Follow up appointments: Patient knew about all follow up appointments
- Medications: Patient was able to accurately articulate the content of this medication

■ Self Reflection

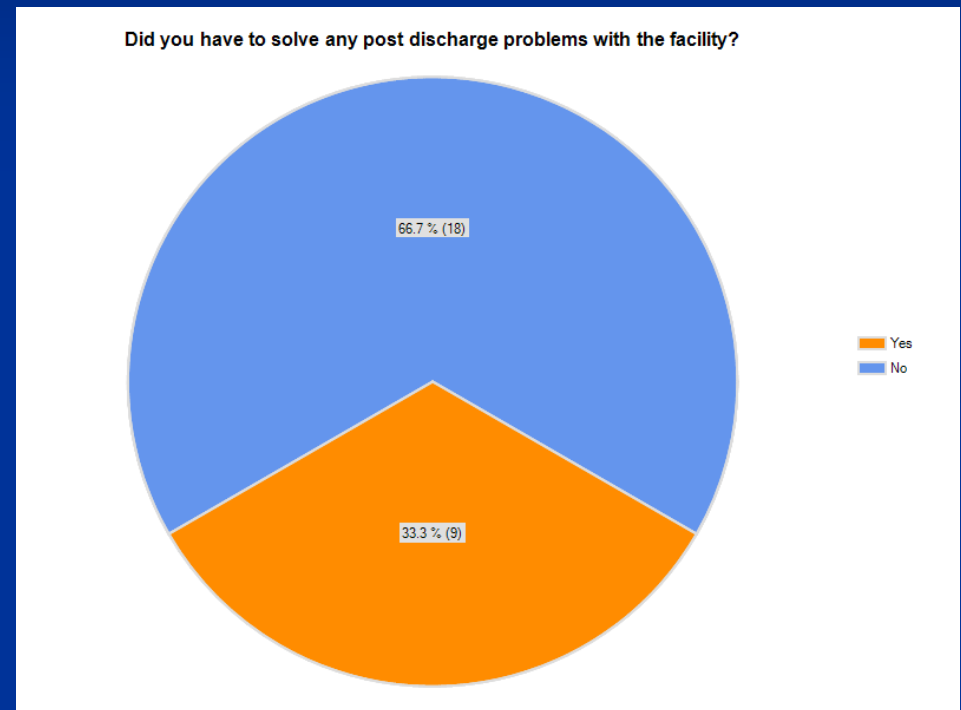
Facility: Medications

- “The largest issues were with the medication list. The nurse expressed frustration that the active list does not match the discharge list and that there are changes that are not explained.”



Facility: Clarifications

- “I think it is important to verbally hand over the patient to the nurse at the other facility. I will make sure that I talk to the nurse at the other facility at discharge”
- “Provide my pager number at the end of my discharge summaries in case the facility has questions”

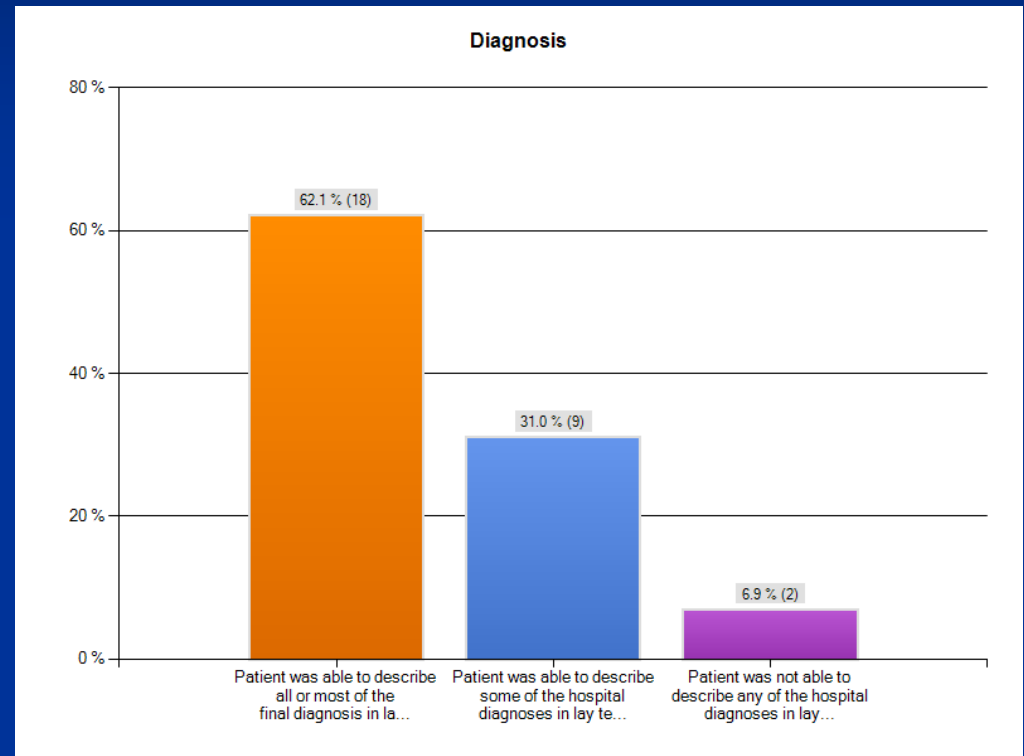


Facility: Functional status

- I will clearly document patient's functional capacity and mental status instead to referring to it as "similar to baseline".

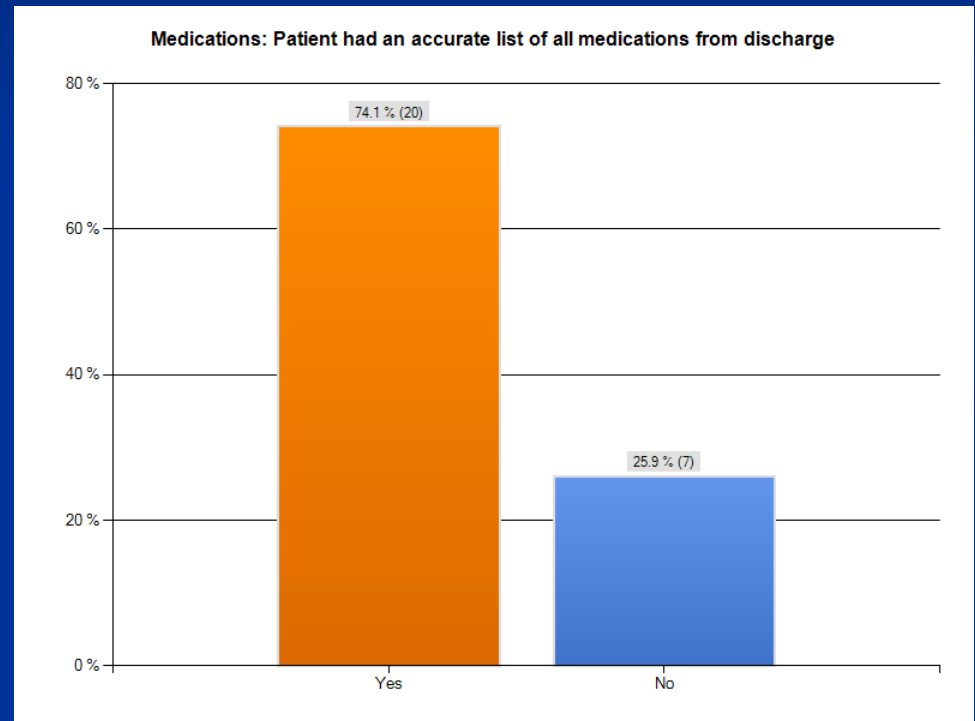
Home: Diagnosis

- “I was a bit surprised that even though the patient was able to tell me that his stress test and echo were normal, he still attributed his chest pain to a cardiac cause.”



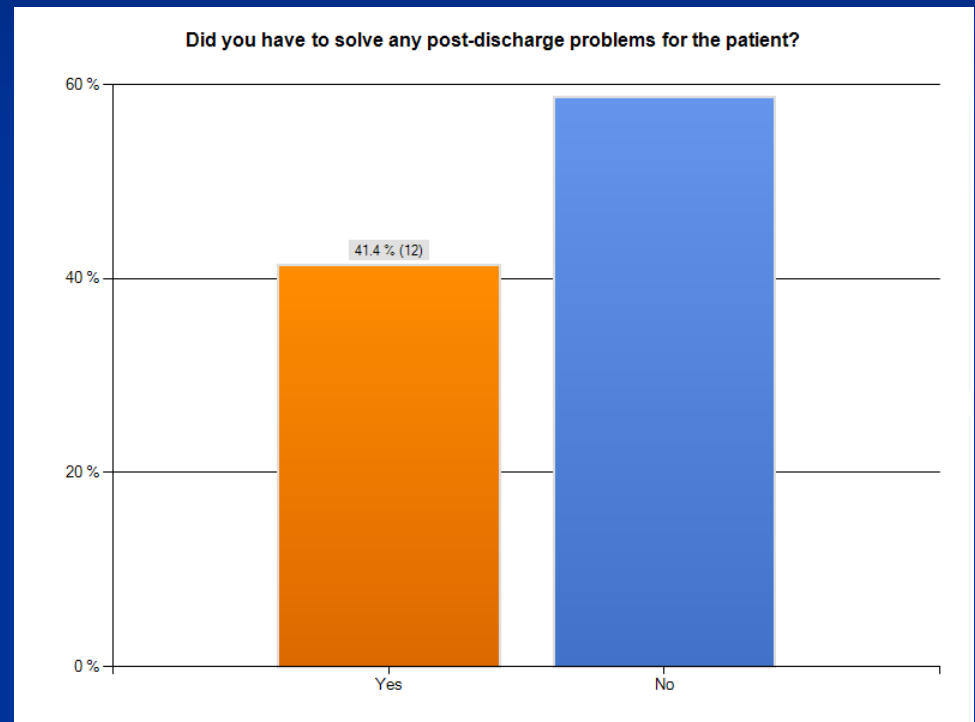
Home: Medications

- “I think we need to spend more time explaining to patients about medication changes. Patients do not know about the medication changes. The nurse had to explain everything”



Home: Clarifications

- “This patient was switched to insulin during her hospital stay. She has RA with hand deformities. She struggled at home to administer her insulin. I am surprised that this problem was not anticipated prior to discharge.”





Innovations in Education

- Experiential learning across settings and disciplines
- Self reflection
- Communication
- Accountability