

## Resident Name

### A few things about my life...

- Throughout my life what was important to me was...? (Work, family achievements, anniversaries, community accomplishments, military service, awards, clubs, hobbies?)
- I lived... where I grew up, as an adult, most recently
- Over the years, I lived with...

### The people in my life...

- The most important people in my life are...
- My family members include...
- (I would prefer not to see (talk about))...
- The family rituals or celebrations that are important to me are...

### How I like to spend my day...

- A good day for me is when...
- The friends I like to visit with are...
- I do (don't) like to take an afternoon nap at ....
- My favorite way to get the news is...
- I love (TV shows, music, books, activities)

### What makes me comfortable...

- You can call me..  
(By your first name, Mr./Mrs./Ms./Miss, or by a nickname?)
- When entering my room, please ... (What are your privacy needs?)
- Please make sure my (things) are ...
- When I am worried or upset, please...

### My simple pleasures...

- Simple things that are important to me (special utensils, type of tea, snack, perfume or lotion, visit)
- Little things that are important to remember to do for me
- My favorite snacks are

### How I like my day to go...

- Getting Up
- Morning Routines
- Mid-Day Routines
- Spending the Afternoon
- Evening Routines
- Bedtime

### Thank you for helping me...

- I am grateful when...(List most overall important things that a caregiver will do)